**CONFERENCE PROGRAM**

**TUESDAY, JANUARY 8, 2013 • 8:00 a.m. - 5:00 p.m.**

<table>
<thead>
<tr>
<th>REGISTRATION AND BREAKFAST</th>
<th>LUNCH, POSTER AND EXHIBITOR VIEWING</th>
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| **Welcome & Opening Remarks**  
  Speaker: Dr. David Ma, Conf. Chair | **AFTERNOON SESSIONS**  
  Chair: Dr. Ken Stark |
| **Welcome from the CNS President**  
  Speaker: Dr. Katherine Gray-Donald | **Unsaturated Fat Health Claim**  
  Speaker: Dr. David Ma, PhD, University of Guelph |

| MORNING SESSIONS | **Health Claims and Cholesterol**  
  Speaker: Dr. William Yan, PhD, Health Canada |
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<td>Chair: Dr. Richard Bazinet</td>
<td><strong>COFFEE BREAK</strong></td>
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| **Omega-3 Fatty Acids**  
  Speaker: Dr. Bruce Holub, PhD, University of Guelph | **Saturated Fats**  
  Speaker: Dr. Dariush Mozaffarian, M.D., DrPh, Harvard University |
| **Nutrigenomics**  
  Speaker: Dr. David Mutch, PhD, University of Guelph | **Trans and CLA**  
  Speaker: Dr. Benoit Lamarche, PhD, Laval University |

| COFFEE BREAK | **Communicating Complex Nutrition Messages**  
  Speaker: Leslie Beck, RD |
|--------------|------------------------------------------------|
| **Plant Omega-3’s**  
  Speaker: Dr. Grant Pierce, PhD, University of Manitoba | **Closing Remarks**  
  Speaker: Dr. David Ma, PhD, University of Guelph |
| **Maternal and Pediatric Health**  
  Speaker: Dr. Sheila Innis, PhD, Child and Family Research Institute & UBC |  

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The Canadian Nutrition Society (CNS) and the University of Guelph have organized a one-day conference on Dietary Fats and Nutrition. While our knowledge of dietary fats continues to grow, so too does confusion surrounding the latest scientific discoveries. By attending this one-day conference with leading experts you will learn about recent advances in our understanding of dietary fats and their impact on human health. Whether you work in academia, government or industry this conference is geared towards health professionals and trainees such as dietitians, kinesiologists, scientists and graduate students. Join us for an exciting day of presentations by dynamic speakers who will help you better understand the latest advances in dietary fats and nutrition.