FOR IMMEDIATE RELEASE
Jan. 31, 2013

New Release: *Tocotrienols: Vitamin E Beyond Tocopherols, 2nd Edition*

**URBANA, Illinois, USA** – AOCS Press announces the release of *Tocotrienols: Vitamin E Beyond Tocopherols, 2nd Edition*, a follow-up to the first-ever scientific compilation of tocotrienol research, *Tocotrienols: Vitamin E Beyond Tocopherols*.

Tocotrienols are bioactive components of vitamin E that are important regulators of oxidant status and play roles in disease prevention. They have been found to reduce cholesterol, suppress tumors, and protect the heart from oxidative stress. This edition features all new chapters written by experts in the field. The text provides coverage of such topics as tocotrienols and their mechanisms of action; inflammation and antioxidant actions; the role of tocotrienols in the treatment and prevention of cancer and in cardiovascular health; diabetes and other hormone regulation; and neuroprotection by tocotrienols. It also addresses animal and *in vitro* studies as well as mechanistic and pre-clinical studies.

Topics Include:

- Tocotrienols in Plants: Occurrence, Biosynthesis, and Function
- Safety of Unsaturated Vitamin E Tocotrienols and Their Isomers
- Bioavailability and Metabolism of Tocotrienols
- Targeted Prostate Cancer Chemoprevention Trial with Tocotrienols
- Tocotrienols: Viable Options for Managing Metabolic Diseases
- Tocotrienols, Inflammation and Cancer: How Are They Linked?
- Antioxidant Action of Tocotrienols
- Tocotrienol in Human Pancreatic Cancer
- Tocotrienols and Vascular Effects
- Tocotrienols and Bone Health
- Structural Modification of Tocotrienols to Improve Bioavailability

For more information on *Tocotrienols: Vitamin E Beyond Tocopherols, 2nd Edition*, visit the [website](#).

**About AOCS (American Oil Chemists’ Society)**

*AOCS advances the science and technology of oils, fats, surfactants and related materials, enriching the lives of people everywhere. For more than 100 years, AOCS has promoted the science and technology of lipids in the fats and oils industry through analytical methods, proficiency testing, peer-reviewed technical publishing, and in providing venues for technical discussions and educational opportunities.*

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